

NSK

NEWSLETTER



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INSIDE



READ ABOUT M.I.T.

WITH ANDREW

CertDT, GradDipDH,
DipDHHE (Switz) MEd, FHEA

A Structured, Evidence-Based Approach to Biofilm Management

Andrew Terry, Dental Therapist, Dental Hygienist & Senior Lecturer, University of Sydney



In busy clinical environments, oral health therapists and hygienists face increasing pressure to deliver effective care while maintaining meaningful patient engagement. To connect with patients on both a safety and personal level, it is essential to review medical and social histories and check in on their current oral hygiene practices at the start of each appointment. When done in an engaged and patient-centred way, this process can take valuable clinical time. For this reason, Andrew Terry advocates for clinicians to adopt modern, evidence-based approaches that optimise clinical contact without compromising care. Central to this approach is a structured **Minimally Invasive Therapy (M.I.T.)** workflow.



M.I.T. begins by disclosing the patient's biofilm to identify areas they may be missing in their oral hygiene routine, allowing clinicians to offer simple corrections early in the appointment. The workflow then moves directly to air powder polishing to efficiently remove stains and disclosed biofilm prior to scaling. Correct powder selection, based on the amount and type of stain present, helps minimise tissue impact and avoid unnecessarily drawn-out appointments.

Visible calculus is then removed using appropriate power-driven instruments like an ultrasonic scaler, significantly reducing reliance on hand instrumentation. Hand instruments remain important for final checks; however, the use and the overall treatment time is reduced through this clever approach. **As Andrew explains, "Time is of the essence!", and adopting minimally invasive, efficient methodologies is key to delivering high-quality care in today's busy practice environments.**



Andrew Terry, Dental Therapist, Dental Hygienist & Senior Lecturer, University of Sydney

Longitudinal studies have shown that targeted air powder polishing is more effective at removing biofilm than traditional prophylaxis methods. Andrew highlights that treatment decisions are guided by the patient's individual AAP periodontal classification, whether presenting with gingival health, gingivitis, or staged and graded periodontal disease. Selecting the appropriate nozzle and powder is therefore essential, as powder choice directly influences both clinical effectiveness and patient comfort.

In practice, Andrew determines his approach based on stain type and severity, using a 1–10 classification scale, with severe staining falling within the 8–10 range. For these cases, he selects the **NSK FLASH pearl** 54-micron calcium carbonate powder, which is highly effective on tenacious stains and, due to its spherical shape, is easier on restorative materials. Unlike sodium bicarbonate powders, it also presents a lower risk for patients with uncontrolled high blood pressure. As this is a coarser powder, it is not used directly on gingival tissues due to the potential for gingival abrasion.

For a stain scale of 4-7, Andrew recommends the **NSK SOFT pearl** 65-micron glycine powder to help remove moderate stains and biofilm. Some peripheral spray can be tolerated by the gingival; however, as with NSK FLASH pearl, Andrew advises angling the spray away from the gingival margins and soft tissues.



Andrew's first go-to powder is **NSK Perio-Mate Powder**, used with the jet nozzle on the Perio setting of the Varios Combi Pro2. Referring to the stain scale, he typically selects this powder for the 1-3 range, where mild stain and biofilm are present.

NSK Perio-Mate Powder is a 25-micron glycine powder, which is preferred when working around the gingival margin, soft tissues, and lightly inflamed tissues. As Andrew explains, "It's the safest powder and allows me to comfortably angle the spray towards the gumline when needed."

This powder-first methodology integrates seamlessly with ultrasonic scaling, forming a structured and efficient workflow. He emphasises that when introducing this approach, it is important to clearly explain the rationale to patients. Over time, patients embrace the change and with experience, "clinical contact time has been optimised fully", says Andrew.



This evidence-based approach supports improved long-term maintenance outcomes and periodontal management. For clinicians new to air powder polishing or powder selection criteria, education and training are key. Arming yourself with the right knowledge and technique builds confidence – and ultimately, patients benefit from more comfortable, efficient care.

Education

Join us at our upcoming workshops to learn more about M.I.T. and experience the new NSK Varios Combi Pro2 in action.

Topic:	PERIO MASTERY – POWDER, POWER & PRECISION	
Presenters:	Andrew Terry Dental Therapist Hygienist Senior Lecturer	Sarah Beach Oral Health Therapist (Adult Scope) Dental Hygienist, Dental Therapist
Cost:	\$495 incl. GST	
	CertDT, GradDipDH, DipDHHE (Switz) MED, FHEA	BHSc (Public Health), BA (Communication & Media Management), OMT, Cert DT, Laser Licensed

13TH JUNE
Melbourne, VIC

24TH OCTOBER
Adelaide, SA

21ST NOVEMBER
Canberra, ACT



FIND OUT MORE



NEW PRODUCT



Varios Combi Pro2

The NSK Varios Combi Pro2 (VCP2) is a powerful dual-function system designed for seamless oral hygiene and periodontal care. Combining supragingival and subgingival powder therapy with precision ultrasonic scaling, the NSK VCP2 is engineered for modern, minimally invasive workflows that help optimise clinical efficiency without compromising control or patient comfort.

VARIOS COMBI PRO2



INCLUDES 3 TIPS
(P20, G8, G16)



Basic Set

RRP:\$10,910

Y1500739

Includes:

- Varios Combi Pro2 Unit
- Prophy Air Polishing Kit (Supra)
- Wireless Foot Control
- CLM Biofilm Prevention Bottle Set

Accessories:

- Optic Titanium Scaler Handpiece
- Ultrasonic Scaler Tips (P20, G8, G16)
- Prophy Powder Handpiece (Supra)
- 1x FLASH pearl powder bottle (Supra)



Bundle Package

RRP:\$17,599

VCP2BUNDLEPKG

Includes:

- Varios Combi Pro2 Basic Set
- Perio Air Polishing Kit (Sub) + 1x Jet Nozzle

Extra Accessories:

- 1x Optic Titanium Scaler Handpiece
- 2x Prophy Powder Handpieces
- 1x Perio Powder Handpiece
- 4x SOFT Pearl Powder
- 2x Perio Mate Powder
- 1x CLM Module Set
- 1x Water Bottle Kit
- 1x VCP Cart



Water Bottle Kit included with VCP Cart



Terms and conditions apply. Valid from 1 April to 30 June 2026. Prices are listed in AUD and include GST.

POWDERS

10% OFF RRP

FLASH pearl

Y900698

Calcium carbonate based powder (54µm) for stain removal.

4 x 300g bottles

RRP: \$343

NOW: \$309



SOFT pearl

Y1500721

Glycine based powder (65µm), ideal for moderate staining.

4 x 250g bottles

RRP: \$343

NOW: \$309



Perio Mate Powder

Y900938

Glycine based powder (25µm), for sub and supragingival use.

2 x 160g bottles

RRP: \$329

NOW: \$296



DISCOVER AIR-POLISHING POWDERS



VARIOS TIPS

10% OFF RRP

SCALING TIPS

G1 Scaling Tip

Z217101

RRP: \$146

NOW: \$131



G2 Scaling Tip

Z217102

RRP: \$146

NOW: \$131



G3 Scaling Tip

Z217103

RRP: \$146

NOW: \$131



G4 Scaling Tip

Z217104

RRP: \$146

NOW: \$131



G5 Scaling Tip

Z217105

RRP: \$146

NOW: \$131



G6 Scaling Tip

Z217106

RRP: \$169

NOW: \$152



G8 Scaling Tip

Z217108

RRP: \$146

NOW: \$131



G16 Scaling Tip

Z217120

RRP: \$169

NOW: \$152



DISCOVER MORE TIPS



PERIO TIPS

P1 Perio Tip

Z217404

RRP: \$150

NOW: \$135



P2D Perio Tip

Z217402

RRP: \$157

NOW: \$141



P20 Perio Tip

Z217420

RRP: \$225

NOW: \$202



P10 Perio Tip

Z217410

RRP: \$225

NOW: \$202



P11R Perio Tip

Z217408

RRP: \$225

NOW: \$202



P11L Perio Tip

Z217409

RRP: \$225

NOW: \$202



P25L Perio Tip

Z217425

RRP: \$225

NOW: \$202



P25R Perio Tip

Z217424

RRP: \$225

NOW: \$202



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MOBILE DENTISTRY

10% OFF RRP

VIVA ace

YOUR PORTABLE DENTAL UNIT - ANYWHERE. ANYTIME.

Complete set

Y1004228

RRP: \$22,113

NOW: \$19,902

Includes:

- VIVA ace Basic Set
- VIVA ace Motor Kit
- VIVA ace Scaler Kit



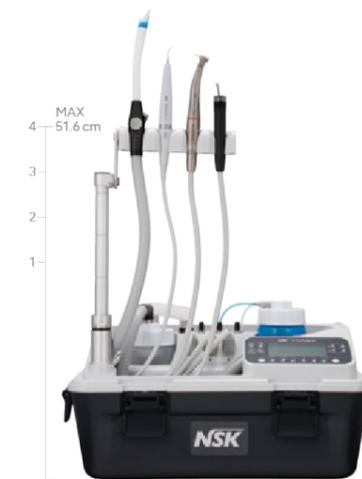
Complete mobile dentistry solution



Reliable back-up unit during chair servicing



Secondary setup for hygiene days



DISCOVER VIVA ACE



Dr Mark Wotherspoon

Dental Surgeon

Portable & Aged Care Dentistry Advocate

BDS, Founder - Dentist To Your Door &

Dr Mark's HyGenie®

"The VIVA ace has completely transformed how I work"

- Dr Mark Wotherspoon

ADD ONS

15% OFF RRP

Z24L
C1126001

RRP: \$1,566

NOW \$1,331



isoE-LUX
Z1265

RRP: \$781

NOW \$664



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S-MAX M

15% OFF RRP

DISCOVER THE S-MAX RANGE



CONTRA-ANGLES



AIR TURBINES

M15L

C1025

RRP: \$1,729

NOW: \$1,470



M25L

C1024

RRP: \$1,421

NOW: \$1,208



M800L

P1253

RRP: \$1,450

NOW: \$1,233



M65

H1008

RRP: \$859

NOW: \$730



M95L

C1023

RRP: \$1,851

NOW: \$1,573



M900L

P1254

RRP: \$1,450

NOW: \$1,233



*Available in non-optic or optic with NSK, KaVo, Sirona, W&H connections.

TI-MAX Z

15% OFF RRP

DISCOVER THE TI-MAX RANGE



CONTRA-ANGLES



AIR TURBINES

Z15L

C1039

RRP: \$2,225

NOW: \$1,891



Z25L

C1038

RRP: \$1,566

NOW: \$1,331



Z45L

C1064

RRP: \$2,376

NOW: \$2,020



Z890L

PA23720001

RRP: \$2,080

NOW: \$1,768



Z990L

PA23730001

RRP: \$2,080

NOW: \$1,768



Z micro

PA2357

RRP: \$1,450

NOW: \$1,233



*Available in non-optic or optic with NSK, KaVo, Sirona, W&H connections.

FREE TRIAL
TI-MAX Z990/890L



Available with NSK, KaVo, Sirona, W&H connections



Ti-Max Z99L

Contra-angle Handpiece

NEW PRODUCT

Introducing the Ti-Max Z99L handpiece, NSK's latest flagship model with uncompromising quality.

Why go electric? Because control changes everything.

CA13140001

RRP \$2,227



THE ONLY HANDPIECE **EVER**
TO EARN A PERFECT SCORE!

5.0
RATING



Dental Product Shopper Evaluation

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ICLAVE 24

10% OFF RRP



iClave 24 Autoclave w/o Printer

92412B0100

RRP: \$14,322 **NOW \$12,890**



iClave 24 Autoclave with Printer

92412B0100P

RRP: \$14,669 **NOW \$13,202**

LEARN MORE ABOUT ICLAVE 24



Have a Peace of MIND

– BEYOND THE PURCHASE

Choosing NSK means more than investing in equipment; it means backing your practice with proven performance and dependable support. If your NSK product needs a service or replacement, we act fast so you can focus on your patient and not the equipment. When you need guidance, our local experts are ready.



iCARE C2

15% OFF RRP

Y1002787

RRP: \$5,763 **NOW: \$4,899**



ADAPTORS

10% OFF RRP

RRP: \$250

NOW: \$225



For NSK
Z257010



For KaVo
Z257020



For W&H
Z257021



For Sirona
Z257023

MAINTENANCE OIL

10% OFF RRP

Z016130

RRP: \$240 **NOW: \$216**



LEARN MORE ABOUT ICARE



Secure Your

INVESTMENT

Your investment deserves full protection. Register your NSK product within 30 days of purchase to unlock your exclusive warranty benefits and added peace of mind.



REGISTER NOW



Local Repair &

SERVICE SUPPORT

SUBMIT A REPAIR



Through the NSK Tech Centre in Sydney, clinicians across Australia and New Zealand benefit from direct access to Japan factory-trained expertise. Equipped with genuine, TGA-compliant NSK parts, our bio-technicians bring over 50 years of combined experience to every repair.



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WE'RE HERE TO HELP

Contact NSK today.

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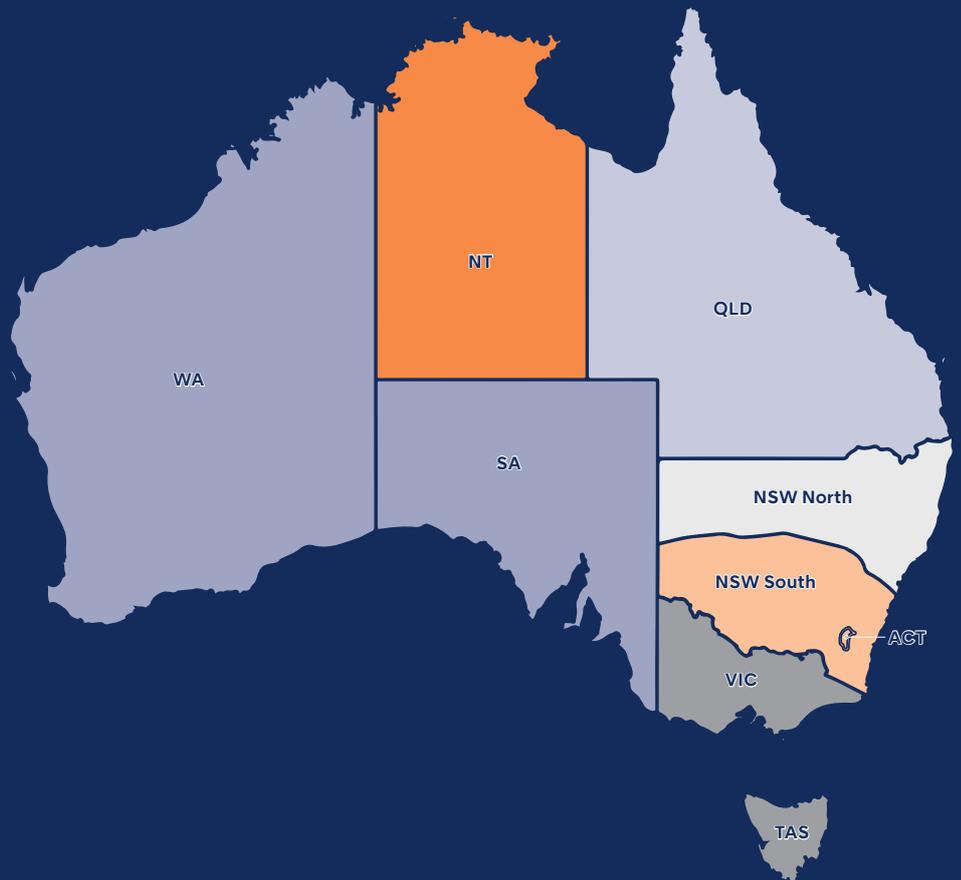
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Q2 2026 promotion excludes EX/FX ranges, spare parts, components and consumables not listed.

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